CV Softball Captain criteria

“WHAT are the members of the team saying and thinking about you? would they choose you as their captain if I asked Them?

Here are the qualifications:

1. The best captains are the hardest workers. have you heard the coach comment about your incredible work ethic? or do you complain about drills?
2. the best captains attend out of season open gyms, weight training, speed camps, & 4 person workouts at least 80% of the time—even when involved in other sports.
3. the best captains play travel softball and fall ball (if not in a fall sport)
4. the best captains are leaders in the classroom. they sit in the front, they have no tardies, they have no poor citizenship remarks, and have a cumulative gpa of over 2.5. They have also never served a detention or suspension or failed a class.
5. the best captains encourage all of their teammates. are you cheering during the game and during practices? Are you encouraging and POSITIVE?
6. the best captains are honest and trustworthy, can the coaching staff and i trust you to do what is needed at that appropriate moment?
7. the best captains understand their role on the team and have been given constructive criticism from the coaches.
8. the best captains care passionatley about the program, do you care passionately about the program? **what does your passion look like?**
9. the best captains are relentless competitors who are compelled to win, are you a relentless competitor who can keep it together EMOTIONALLY when things are going bad or when you don’t like a decision made by the coach.
10. the best captains don’t miss practices or games. they do not show up late to practices and they do not ask to leave early. they also help with equipment.

If you can answer yes to **all** of the above questions AND CAN DO **EVERYTHING** THAT IS ASKED OF YOU. we welcome you as

captain of the cv softball team